

Annual Report **2022-23**



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Overview

The year 2022-2023 was about resuming flight for our frisbees after two years of the pandemic. Renewing our partnerships, opening new coaching sites, resuming our year-long life skills program, the inception of our tournament series, and GK MAD finishing the year strong were some defining moments.


We created opportunities for 583 children to practise Ultimate Frisbee through our Y-Ultimate Life Skills program in schools and communities. We created opportunities for 600 children to play competitive Ultimate through our events - Udaan and Milan, as well as external National Events.

All this was possible thanks to the dedication of 15 coaches to Coach Ultimate throughout the year. Partnerships with American Ultimate Disc League (AUDL) and the subsequent visit of Munis Thahir to India to immerse himself in our program catapulted our progress. Moving ahead, we aim to reach out to more children in different geographies in India. Our flagship team, GK MAD, finally debuted at the National Championship Series and participated in all the championship stages. They made it to the finals and finished the season as the second-ranked club in the country.

Thank you for supporting us and choosing to know more about our journey from April 2022 to March 2023 by going through this annual report.



THE PROBLEM



Social and emotional learning (SEL) is critical to the overall development of a child, to help them sustain and thrive through the many challenges they face.

SEL includes skills such as self-awareness, situational awareness, self regulation, decision making, conflict resolution, sensitivity to diversity and inclusion.

Our educational curriculum and school system is not set up to focus effectively on SEL. Schools that cater to children from socio-economically challenged backgrounds struggle to provide the holistic education and skill development these young people need to thrive in education and beyond.

Furthermore, many children are home schooled and therefore shaped entirely by their immediate social environments and find even fewer opportunities for SEL, impeding them from growing into socially responsible citizens.

Sport is a proven mechanism to develop SEL. Ultimate Frisbee is a team based, self-refereed, mixed gender, non-contact field sport with a low barrier to entry and has many stages for growth. We have found Ultimate Frisbee to be particularly well suited for SEL due to its mix of unique characteristics.



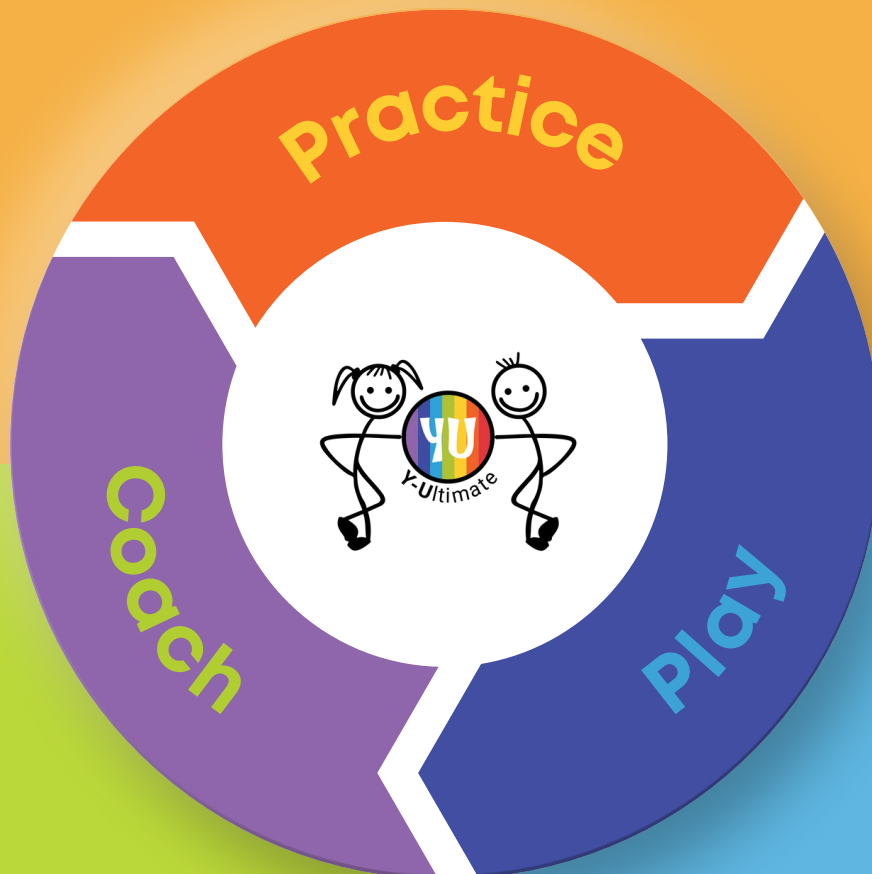
Our Solution



Our Playbook explained

Practice

Practice leads to improvement in physical well-being and exposure to new habits and values, nudging the players to start investing in self-development.



Coach

After gaining a certain level of competency, players start coaching ultimate in other communities. Coaching helps players earn income to sustain aspirations and build a career. They develop empathy and effective communication skills while honing their technical game skills.

Play

Playing competitively expands social networks. Winning reinforces discipline and perseverance. Losing teaches humility and builds a desire to work harder. Overall, children begin to develop a commitment towards meaningful goals on and off the field.

Our Mission

Our mission is to impart life skills education to children, especially those from lesser privileged socio-economic backgrounds, through the sport of Ultimate Frisbee.





**OUR
WORK**

2022-23 at a glance

We expanded to work with **twelve new partners** and retained three partnerships from before the pandemic.

As part of our advocacy efforts, we conducted Ultimate Frisbee workshops for

150

children and adults.



GK MAD debuts in the Indian National Championship Series '22 - '23 and makes it to the final, finishing 2nd in the country.

324

sessions for children in

Over the last year, as part of the life-skill program in Delhi, we facilitated

8

communities and

1

school through



15

active coaches



reaching

583

young people.

GK MAD



GK MAD started in 2015 when a group of preteens started playing the sport of Ultimate in a public park. Soon this group from Greater Kailash (GK) came together to play as a team and called themselves **GK MAD**.

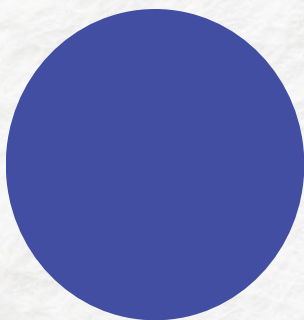
We are proud to be associated with this team and the beneficiaries on and off the ultimate frisbee field for all these years.

GK MAD is currently the mixed-gender club champions in the North region of Delhi and stands second in the country.



National Championship Series

National Championship Series (NCS) is a National Level Club Championship series organised by the India Ultimate Players Association of India (UPAI) aimed to promote the competitive spirit of Ultimate Frisbee in India. GK MAD competed at the Sectionals, Regionals and had a stellar finish at the National Level!



The positioning of GK MAD in NCS '22-23



Sectionals : held for teams in the same/nearby cities or states.

Position : **1st**



Regional tournament(s) : held for teams in their region, whose area is larger than the sections.

Opens : **2nd and 1st in spirit**

Women's : **2nd**

Mixed : **1st**



National tournament : held for all qualifying teams from across all Regions in India.

Position : **2nd**



The success of our flagship team, GK MAD, at the National Championship Series Finals, was only possible with the support of our **62** donors and well-wishers. We thank you for helping us acquire the resources needed to *make our dream a reality*.

Besides the competitions organised by the UPAI, our players took part in various International and National tournaments this year.



Our Players at International Tournaments

Manila Spirits is an annual International Ultimate Frisbee championship that is organised in Manilla by the Philippine Flying Disc Association.

Megha, one of our players, was part of the club High Tide that represented India in this tournament—our deepest gratitude to all the supporters who helped Megha be part of this campaign.

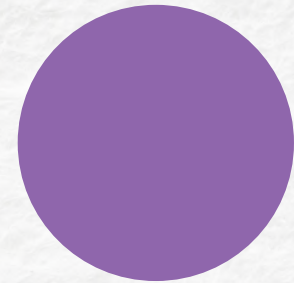


Our Players at Off Season Ultimate (OSU)

Off Season Ultimate is a partner organisation that aims to develop the sport of Ultimate Frisbee in India by giving exposure to the athletes through their tournaments and events.

Off Season Ultimate, hosted Delhi Showcase, a two-day ultimate frisbee tournament at East Vinod Nagar Sports Complex, Delhi, on the 17th and 18th of September, 2022.

Out of 92 players selected through a virtual auction to be part of the showcase, 19 of our beneficiaries were selected. Our players also volunteered through the event to make it a huge success.





In the last week of November, Off Season Ultimate organised Club Invitationals, a competitive tournament that attracted top teams from across India. Our joint initiative, Project Fly, enrolled three teams in the tournament. Mariners, one of the teams of Project Fly, had over 50% of GK MAD players. The Mariners had a stellar run and finished 2nd in the tournament, qualifying for the upcoming international club invitationals.



Gheun Tak was a tournament organised exclusively for Women in India. We had seven female players from GK MAD who played in the tournament. Megha Rawat's stellar performance, alongside the support from the team, paved the way for her to be awarded the top scorer in the tournament.

Our players off the field

Beyond the field, we have had wonderful moments for our beneficiaries and coaches.



Ankit Lakra (Alex) progressed to his second year of History Honours under Delhi University's School of Open Learning affiliated with Deshbandhu College.

Anita, Abhishek, Kalpana, and Sanya, our first set of beneficiaries turned coaches who enrolled in college, have successfully completed their undergraduate degrees.

Megha Rawat joined B.A. (Hons.) English in Miranda House at the esteemed Delhi University, taking her next steps in higher education.



Vikas, Laxman and Sapna progressed to their final year of undergraduate degrees in various colleges under Delhi University.

Rohit Mandal and Manjeet have completed their schooling through National institute of Open Schooling (NIOS). They are planning to pursue college education in the upcoming year.

Sheetal Sanag continues her second year of B.A. (Hons.) in History this year.

OUR ———
PROGRAMS

Y-Ultimate Life Skills Program

This project aims to empower children and young people from marginalised backgrounds to achieve better life outcomes in schools and communities through the sport of Ultimate Frisbee.

We deliver this program during school hours in Physical Education periods and after school hours in communities, primarily by partnering with another organisation working in that community/school. This program is facilitated by our youth coaches, who were once our beneficiaries and current players of **GK MAD**.

Over the last year, as part of the life-skill program in Delhi, we facilitated **324 sessions** for children in **8 communities** and **one school** through **15 active coaches**, reaching **583 children**.



Community Intervention

Out of the eight communities we worked in 2022-23, Zamrudpur has been the community we started in 2015 and was the only community where we had a direct intervention without a partner organisation. We worked in Naraina, Garhi and Saket in partnership with Art of Play before Covid-19. Once we restarted our operations, the children introduced us to their families and expanded our direct intervention. We worked at Mukherjee Nagar through Creativity Adda, Sanjay Colony through Learning by Locals, Okhla through RMX Joss Foundation, Tughlakabad through Action Beyond Help and Support (ABHAS).

As part of the community intervention, two sessions of 75 minutes or equivalent were facilitated each week. The timing of the sessions were fixed in consultation with the partner organisation, children and parents. Along with the ultimate frisbee sessions, our coaches and community relations manager frequently engaged with parents through home visits, team meetings to understand the challenges at home for young people and support them better at our sessions and beyond.

Through the sessions in our community, children are trained on:

01

Communicate respectfully while resolving conflicts.

02

Regulate their emotions and actions

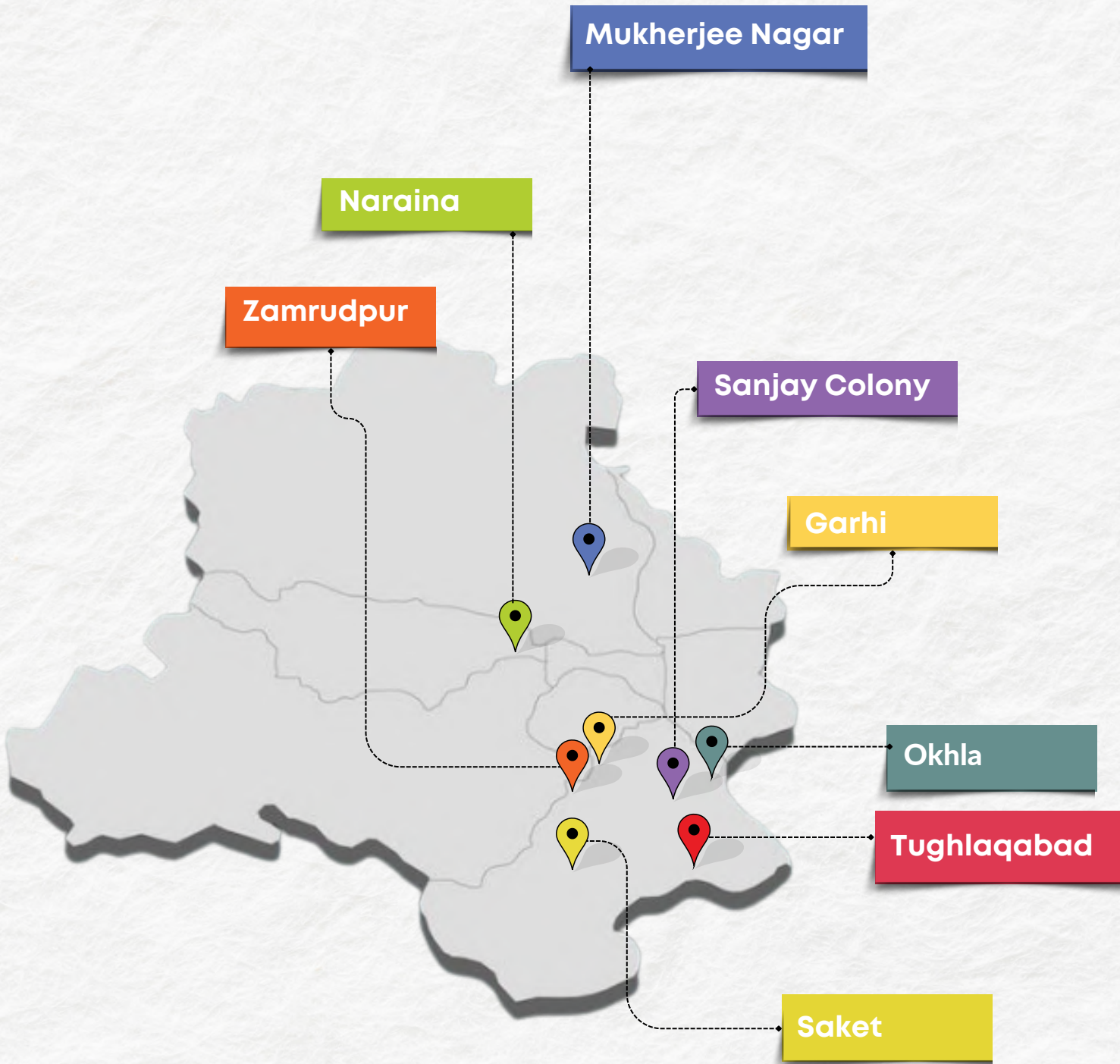
03

Cultivate a mindset of gender equality

04


Improve overall health and well-being

Through organisation level partnerships we were able to run our programs effectively and increased our reach in Delhi NCR. Our community intervention locations in Delhi NCR are below:



Delhi

School Intervention



We piloted a school program at Delhi Tamil Education Association (DTEA) Sr. Secondary School Laxmi Bai Nagar in December 2022—special gratitude to all the trustees of DTEA who allowed us to work with over 250 children. With the immense support of the staff members, we have seamlessly conducted 25 sessions during school hours with a pool of 6 coaches. Our coaches ensured children had fun and imbibed life skills by playing Ultimate.

We ended the pilot with an exhibition match in the presence of the DTEA trustees. We look forward to taking these learnings to work with more schools in the coming years during school hours.



Y-U Coach Program

To run our life-skills program in communities and schools, we need facilitators in the form of ultimate frisbee coaches. The Y-Ultimate Coach Program aims to create opportunities for youth from vulnerable backgrounds to pay it forward and pass on the impact of the sport of Ultimate Frisbee to both their peers as well as the next generation. By doing so, they

1. Hone their technical game skill,
2. Build empathy, communication, leadership and other professional skills that can help them throughout their life
3. Get a stipend that enables them to pursue their aspirations to upskill themselves.

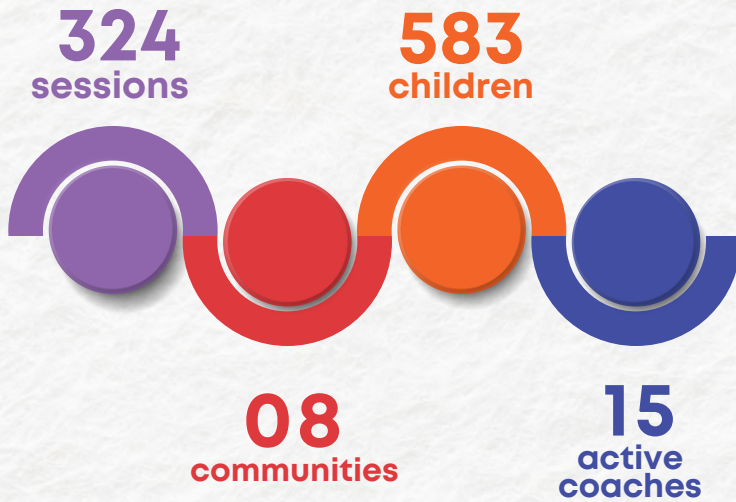
Our current coaches at Y-Ultimate have been playing Ultimate for the past 5 to 7 years. They were all groomed by the GK MAD program. The coaching program acts as a launch pad for those who wish to develop their skill set towards other job opportunities in the field they wish to explore.



OUR IMPACT

Transformative Impact:

Over the past year, the Life Skills Program in Delhi has made a tangible impact, conducting 324 sessions across 8 communities and one school, led by our dedicated team of 15 active coaches, ultimately reaching 583 children.



Life Skills Assessment Scale (LSAS)

We evaluate the life skill development of the children in the program using the Life Skill Assessment Scale. It is widely used to measure life skills in children and young adults from marginalised backgrounds. The scale developed by Dream A Dream is published in reputed journals, peer-reviewed, and widely used in the sector.

The LSAS scale measures five life skills

- Interacting with others
- Overcoming problems and finding solutions
- Taking initiative
- Managing conflict
- Understanding and following instructions.

Each of these skills is rated on a scale of 1-5.

The average of all the skills gives the Life skills score for each child.

Average LSAS Score at baseline: 2.52

Average LSAS Score at endline: 3.35

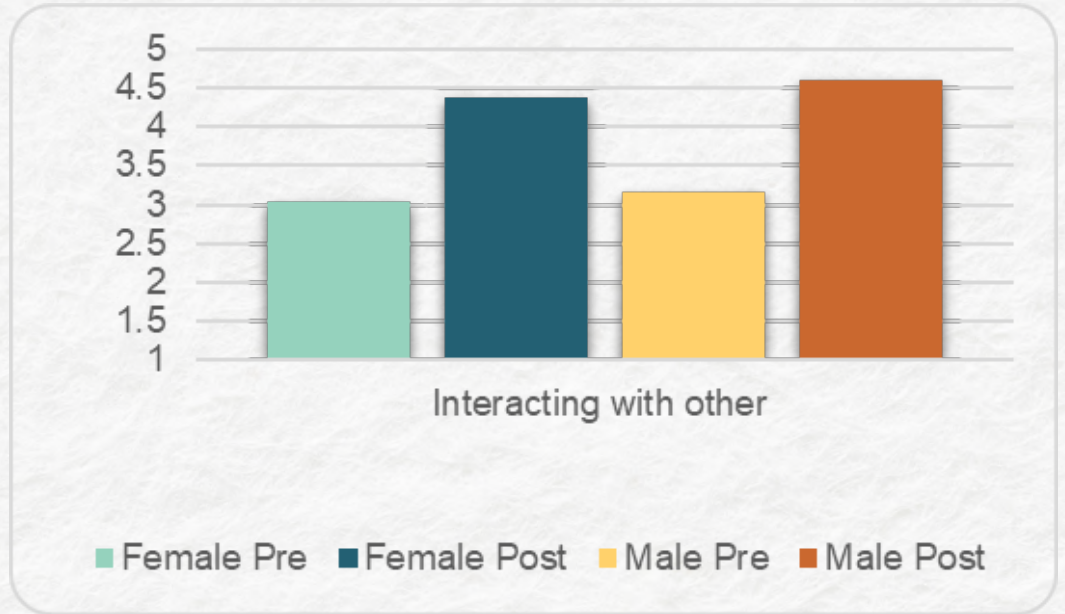
A detailed analysis of the impact is shared in the following pages

Quantifiable Transformations:

The data analysis from LSAS showcases remarkable improvements across various dimensions of personal development.

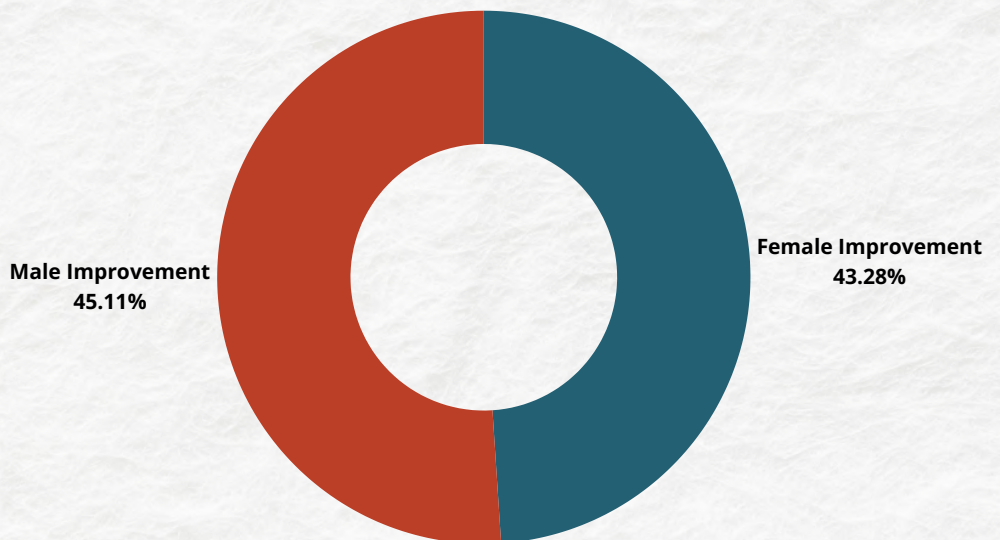
Interacting with others

Cultivating the ability to engage effectively, fostering positive relationships and communication within a social context.



Young people increased their interpersonal skills by a significant **44.40%** overall, reflecting our success in fostering meaningful connections among participants.

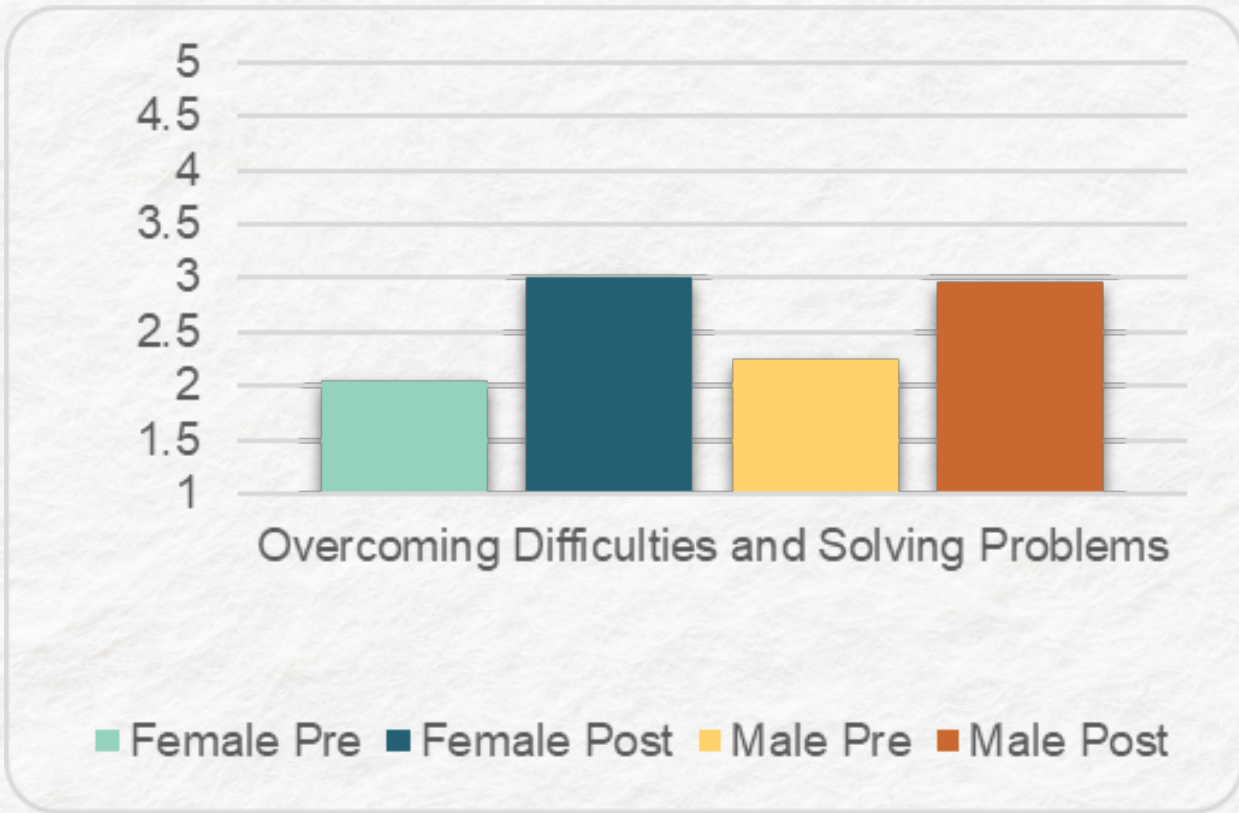
Notably, both female and male participants demonstrated commendable progress, with females experiencing a noteworthy increase of **43.28%**, and males exhibiting a solid growth of **45.11%**.



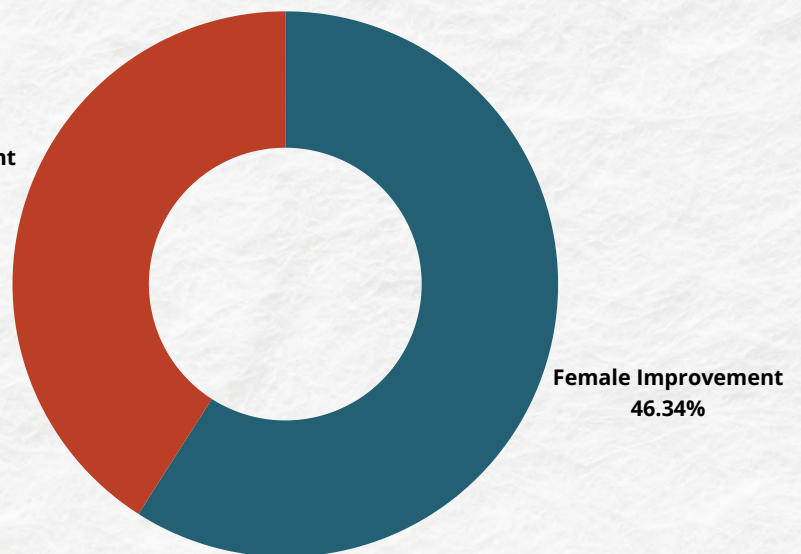
Growth in Interpersonal skills

Problem solving skills

Developing resilience and critical thinking skills to navigate challenges and proactively seek solutions.



The Life Skills Program has proven instrumental in cultivating effective problem- solving skills, with young people gaining a remarkable **36.80%** improvement.

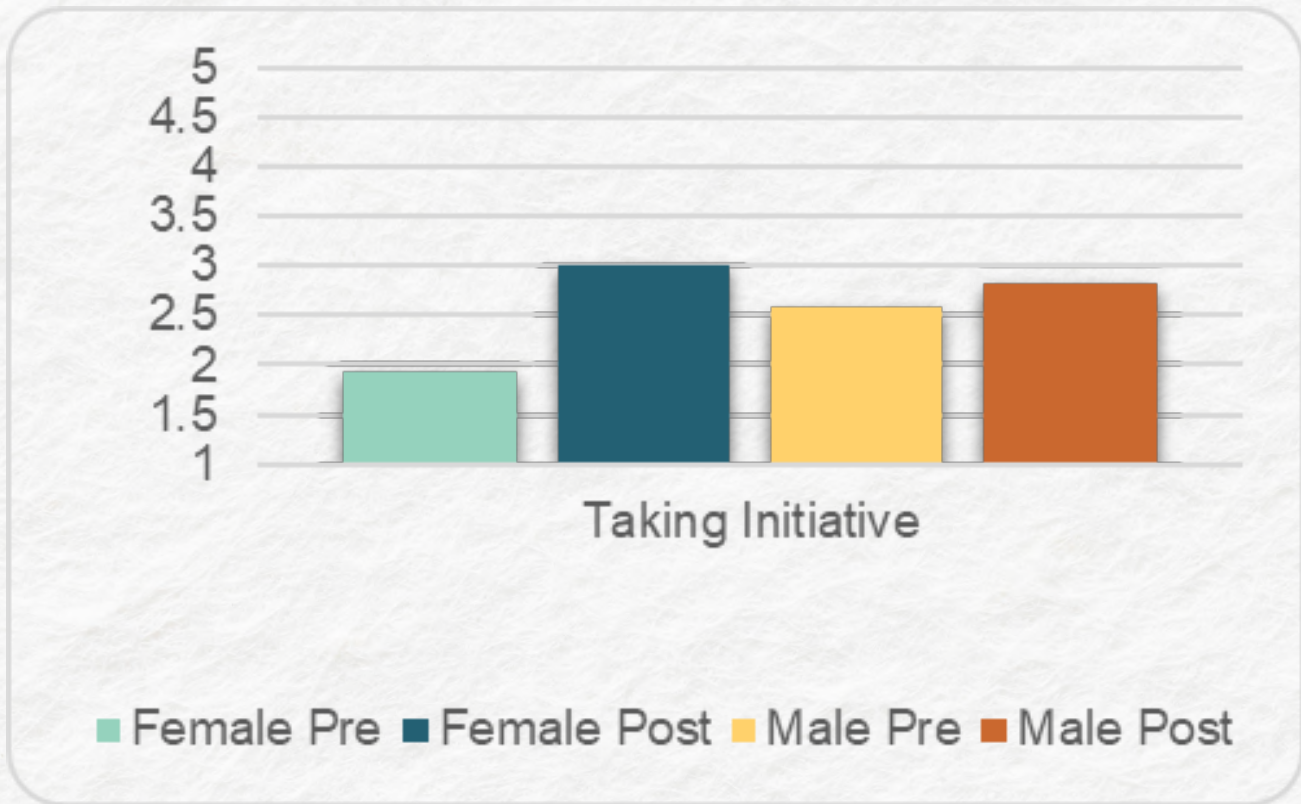


Females led the charge with an impressive **46.34%** increase, surpassing their male counterparts, who demonstrated a commendable **32.14%** improvement.

Growth in
Problem solving skills

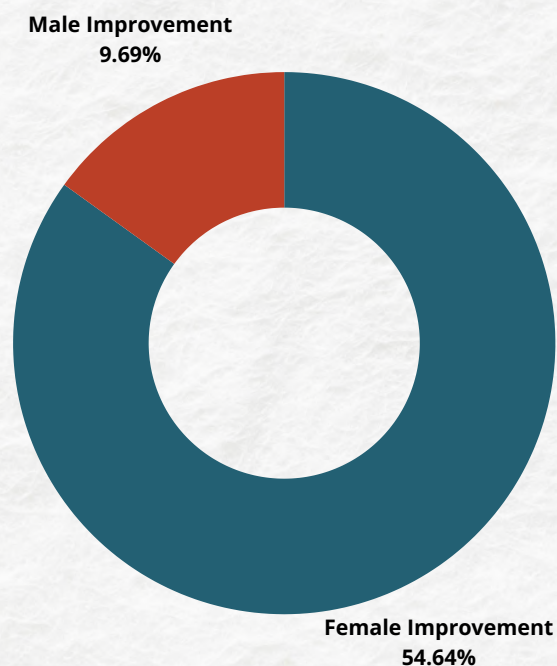
Initiative-taking

Instilling a proactive mindset, encouraging individuals to take responsibility and show leadership in various aspects of life.



The program has played a pivotal role in nurturing initiative-taking, resulting in a significant **23.50%** increase.

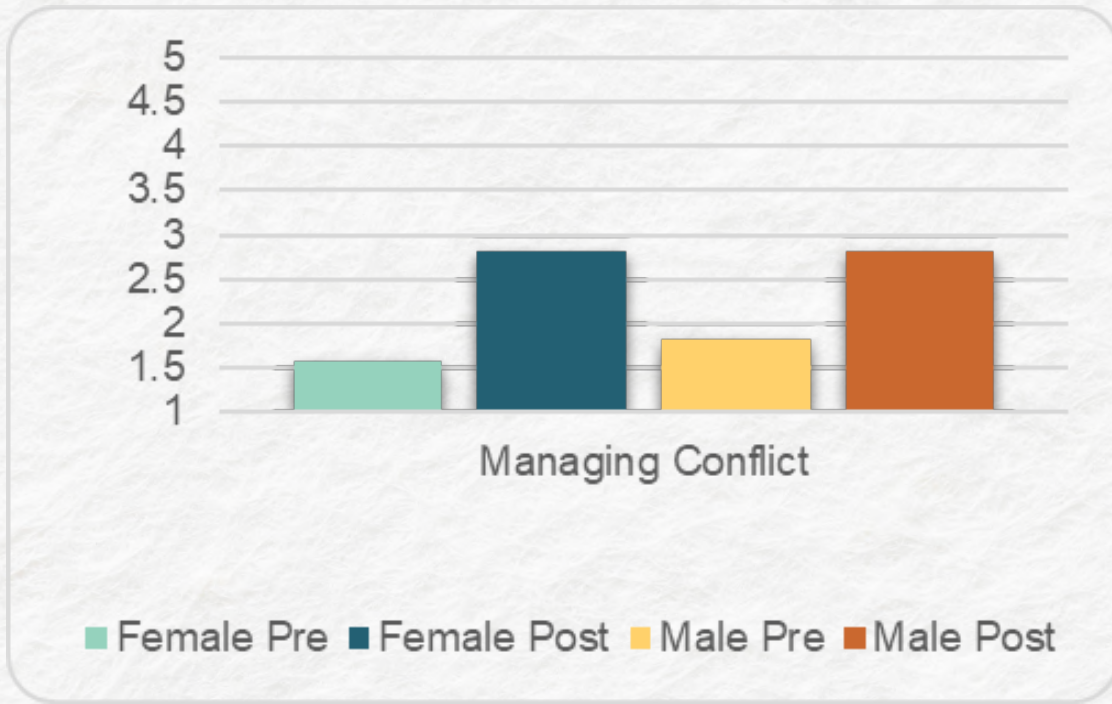
Notably, females exhibited a robust **54.64%** growth and males exhibited a **9.69%** increase, showcasing the program's empowerment effect.



Growth in
Initiative-taking

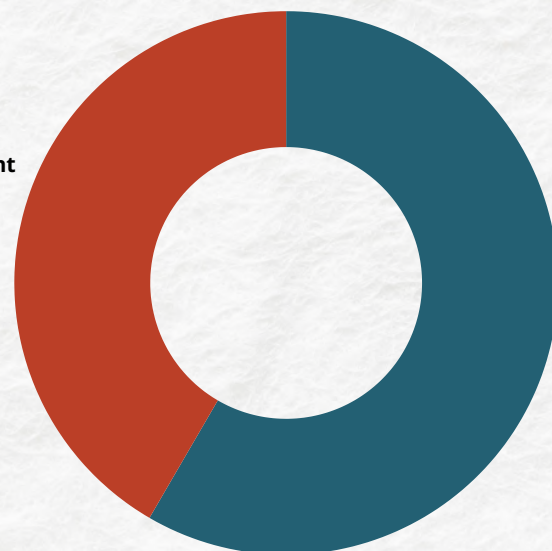
Conflict resolution skills

Equipping individuals with the skills to navigate disagreements constructively, fostering a harmonious resolution of conflicts



Young people made significant strides in conflict resolution with a **63%** improvement, with females exhibiting an impressive increase of **77.85%** and males experiencing a substantial **55.49%** growth, equipping them well for the future.

Male Improvement
55.49%

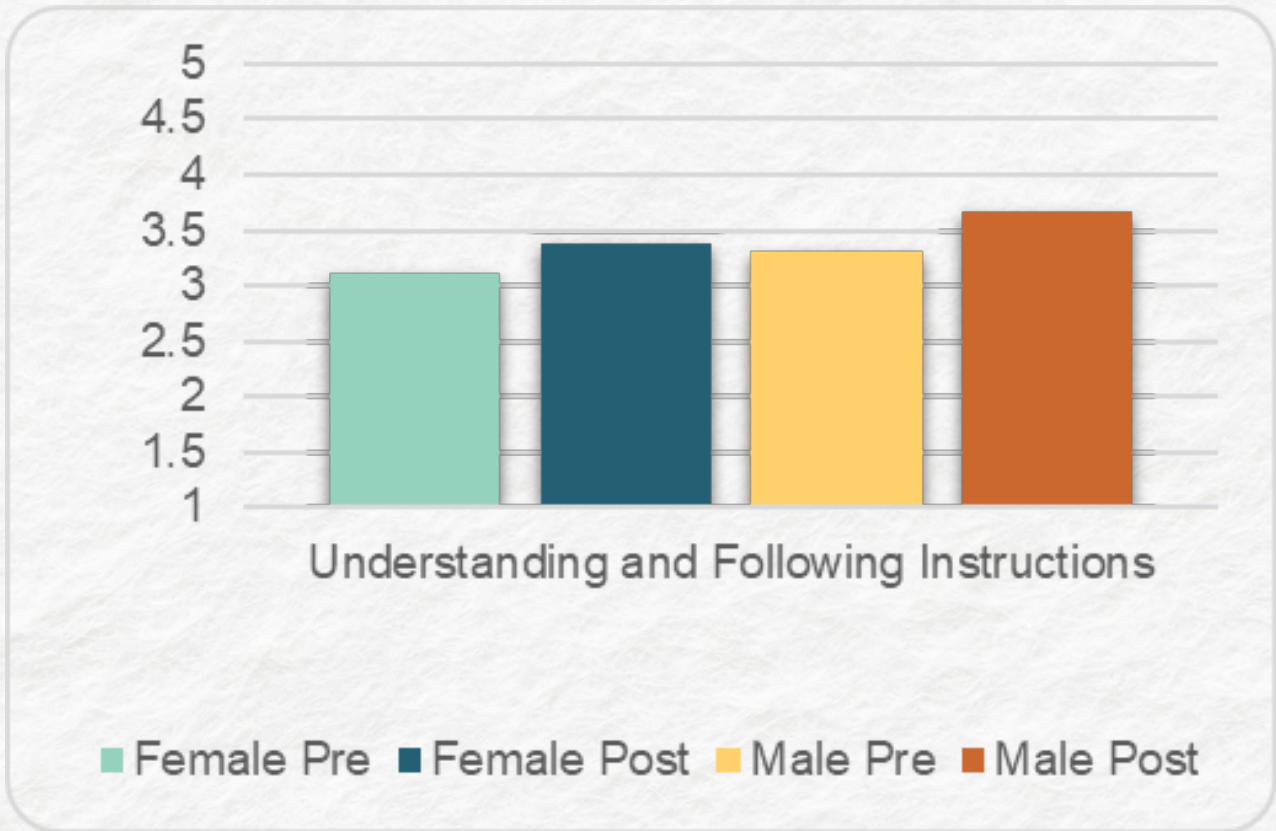


Female Improvement
77.85%

Growth in
Conflict resolution skills

Understanding and following instructions

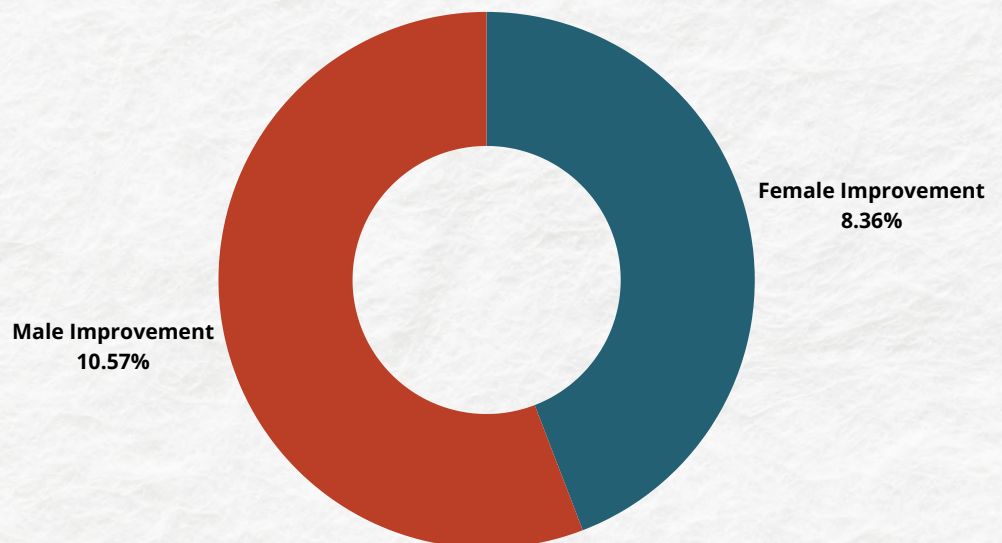
Enhancing the capacity to comprehend and execute given directives, promoting effective task execution and cooperation.



Participants showcased a **10.20%** overall enhancement in understanding and following instructions.

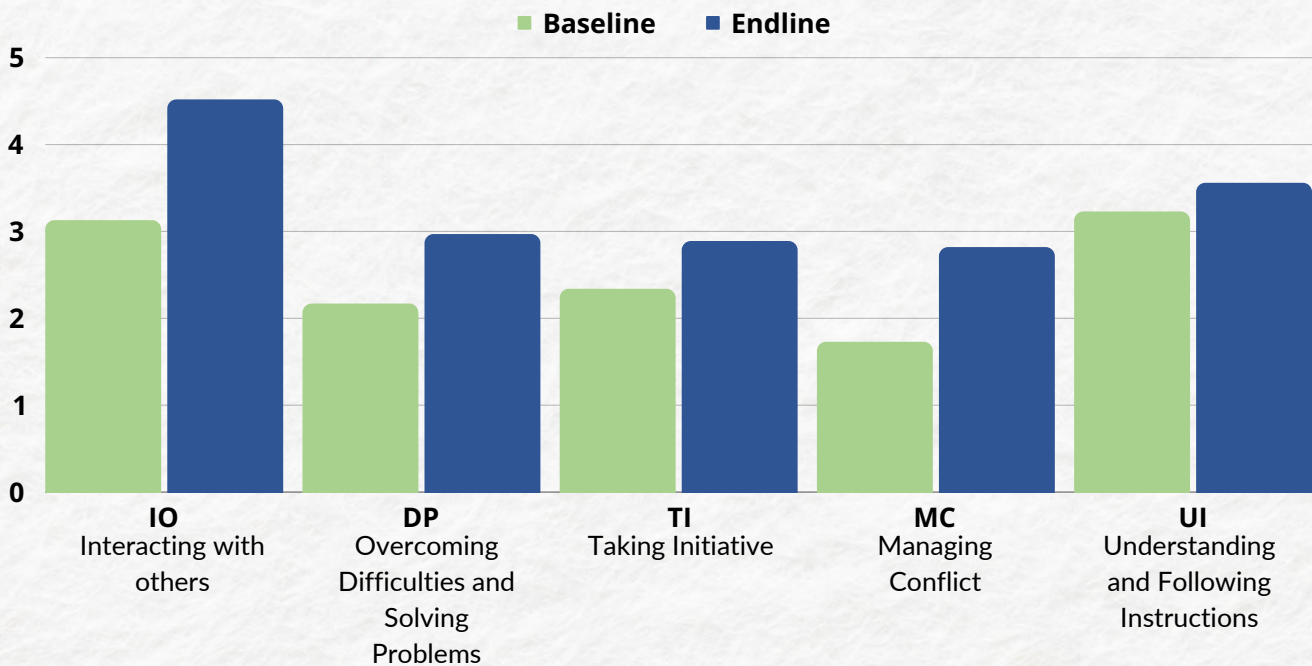
While both female and male participants demonstrated growth, males exhibited higher improvement at **10.57%** and females displayed an improvement of **8.36%**.

This underscores the program's pivotal role in augmenting participants' ability to comprehend and execute instructions effectively.



Growth in
Understanding and
following instructions

Holistic Development and Future Success:



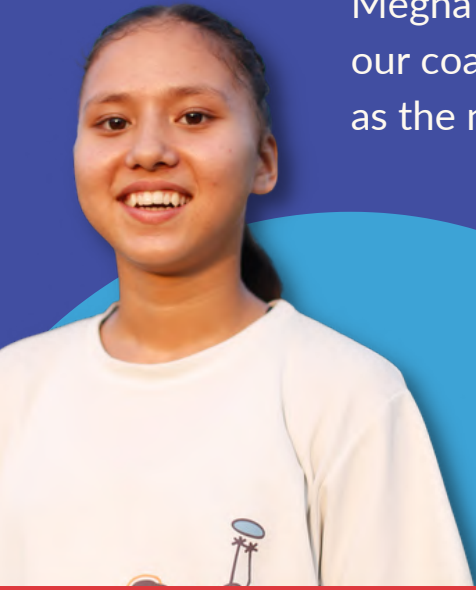
On the whole, the average overall score for the program was **2.52** at the baseline and **3.35** at the endline, showing a growth of **33.02%**.

Y-Ultimate's Life Skills Program, including Community Intervention, transforms marginalized youth by imparting essential life skills. Fostering resilience, effective decision-making, and stronger interpersonal connections, the program empowers young individuals for success in their communities and beyond, showcasing our commitment to their holistic development.



Highlights from the year **2022-23**

Megha joined
our coaching team
as the newest coach.



9 of our coaches completed
their coach training with
Transformational Sports on

**“Building Strong
Mixed-Gender Teams.”**



transformational sports



Anjalina, our Master of
Ceremonies and content writer,
joined B.A. Journalism
in Bharati college.

Anita, Manjeet and Laxman
were selected to be part-time employees
at Decathlon in various stores in Delhi NCR.
Getting exposure to work with a big brand and
gaining experience in all spheres of sports retail
has been a valuable learning experience.





Kalpana, our beneficiary since 2017, became a youth coach in 2019 with Y-Ultimate and has transitioned to a Physical Education teacher at Swami Sivananda Memorial Institute through ELMS Sports Foundation, one of our partner organisations.

One of our first coaches, Abhishek, transitioned from regular coaching at Y-Ultimate and is a Certified Strength and Conditioning Coach. He has been certified by the **National Strength and Conditioning Association** and is the Strength & Conditioning Coach at Sunrise Shuttler Badminton Academy. We wish him the best!



Laxman, one of our youth coaches at Y-Ultimate, has been selected for the **Aspire Leaders Program**. Aspire was founded at Harvard University and run by the Aspire Institute.

He received various leadership, academic, and professional development resources through the program at different stages.

EVENTS AND TOURNAMENTS

Our events and tournaments aim to give opportunities to children, who only sometimes get the chance due to financial constraints, to play, compete and learn Ultimate Frisbee from each other. This year we organised **three tournaments** and **one competitive event** for our beneficiaries across all eight communities in Delhi.

Dilli's Ultimate Girl

Dilli's Ultimate Girl was designed to nudge female players to focus on improving their Ultimate Frisbee skills and fitness. Over 85 participants from all over the country registered for the 5-week event.

The competition gathered some mind-boggling stats! The girls did **32065 pushups**, **129497 squats**, **2796 minutes planked**, **66202 catches** and **87704 accurate throws** and **ran 1170.21 kilometres**.

The competition was sponsored by Off Season Ultimate, and the top ten contestants were awarded medals and certificates at the Delhi Showcase presentation ceremony.





MILAN

MILAN was organised on 23rd October 2022 at St. Stephen's College, Delhi. We had over 200 participants in 16 teams and 35 volunteers at the tournament. The huge number of participants was truly a MILAN across all sections of society. The players had the opportunity to meet and play with young people from other communities, increasing their scope of social network and awareness.

MILAN





Udaan

Y-Ultimate, in collaboration with **Transformational Sports** and **AUDL**, organised 'Udaan' on the 7th and 8th of January at Cambridge School, Noida. Udaan was a space where club teams formed in communities across Delhi came together to compete against each other, encouraging the spirit of teamwork and camaraderie amongst the teams.

Over the two days, we had 22 matches played between 8 teams. The team from Saket, Garhi and Tughlakabad, secured the 1st, 2nd, and 3rd positions in the tournament. Meanwhile, in the spirit rankings, Garhi emerged as the winners.

UDAAN

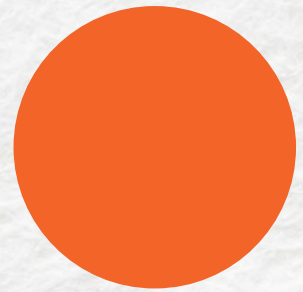


**WORKSHOPS
AND _____
ADVOCACY**

A Tournament Organised for Decathlon Employees

Decathlon Sports India invited us to organize an Ultimate Frisbee tournament at their Delhi Premier League for thirteen of their stores in Delhi NCR. This tournament took place on March 5, 2023, and March 14, 2023. We had a total of 15 teams participating in the tournament.

Our coaches actively participated in the tournament in coaching teams and as game advisors to ensure spirit of the game was upheld through all the matches.





As part of our mission to spread awareness of our work, we conducted workshops for **InApp employees** at Trivandrum.

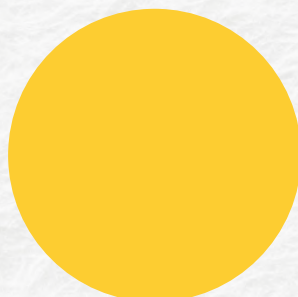
We conducted a workshop for 15 students from **Govt. Engineering College Barton Hill - Thiruvananthapuram** on the 4th of December.

These students are volunteers of Inspire, a non-profit, social-awareness and development organisation founded by past college students that ensures the education and holistic development of children residing in shelter homes across Kerala. This workshop explored the possibility of taking our program to kids in orphanages and shelter homes in Kerala.



In the first week of January,
we had an opportunity to work with
the **Indian School of Leadership (ISL)**.

Through this association,
we ran a team-building workshop
for twenty-two students and four mentors
in the camp hosted by ISL at Dwarka in Delhi.



· HUDLE ·

In collaboration with **Hudle**, a venue booking app for multi-sports, we explored a pay and play model for adults to learn and enjoy ultimate frisbee. We started with games in Vasant Kunj in Delhi.

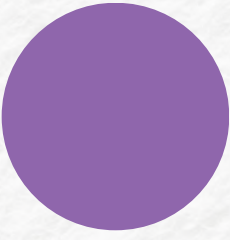
This gave us an opportunity to introduce the sport and our work to more people. The games were completely managed and coached by our beneficiaries. This has led to growing our family of supporters and well-wishers.





We ran an introductory ultimate frisbee session for women from **Leap Club** - a community-driven, professional network platform for rising women leaders. All the participants showed a keen interest in experiencing more Ultimate Frisbee with us. After this workshop, a few continued playing with us through Hudle.





On March 16 2023,
we had an opportunity
to engage the students
of **Lady Shri Ram College**
with an Ultimate Frisbee workshop.

Our coaches introduced them
to some basic throws, drills, and
games. We ended the workshop
by helping them to set up their
college club team.





The employees of **Connecting Dreams Foundation** joined us for an introductory session with GK MAD at Zamrudpur. An article about our work was featured in their monthly magazine that focuses on sports for development initiatives in the country.





PARTNERSHIPS AND SUPPORT

In alignment with our values, we explored multiple opportunities that could help us impact more people through our practice, play and coach interventions. These interventions took the shape of **new pilots, programs, mentorship, financial support, increased outreach, workshops for advocacy** and much more. Read further to know more about each of our partnerships in detail.

Incubation and Grants

We are grateful for the support of UnLtd India and AUDL for their belief in our work. We were able to reach more children in India with their financial and equipment aid.

UnLtd India is a social enterprise that nurtures young social entrepreneurs who create meaningful impact. They do so through their incubation program, which provides funding and a hands-on, customised mentorship and coaching from the founders to grow the organisation.

We are extremely grateful for being selected as one of the non-profits in the July 2022 Non-Profit Cohort. We received financial support of INR 5,00,000 through the incubation and an opportunity to pitch our work at the end of the incubation.



Founded in 2012, the American Ultimate Disc League (AUDL) works to increase the visibility of one of North America's fastest-growing sports, Ultimate Frisbee, by creating events at its highest level. In alignment with their vision of spreading the sport to more people, they have graciously donated 50 Discraft discs for our ongoing initiatives.

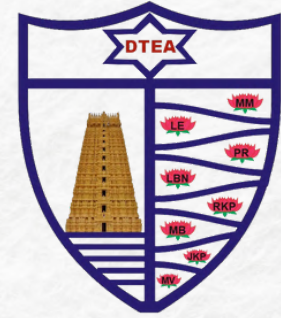
We thank our supporter and ambassador, Munis Thahir, for mobilising this resource to help us continue running our program.



New Pilots

Our pilots with DTEA and Hudle have helped us reach more children and adults to experience the joy of Ultimate Frisbee.

DTEA Partnership: Delhi Tamil Education Association is a 100-year-old organisation striving to provide education, specifically for those who cannot afford to do so. Starting with one teacher and one pupil, it has grown to seven schools in various parts of Delhi. The schools are government aided and heartily supported by the alumni of the schools.



The alumni of the schools are stalwarts in their respective fields, a testament to the quality of education they received in their formative years. The school alumni and trustees of DTEA allowed us to pilot a school intervention program for a month and joined us at the end of program friendly match. We look forward to raising the resources needed for all the schools in the DTEA network shortly.



Coaching and Mentorship

Through various partnerships, we were able to coach and mentor 145 players from various regions in the Indian Ultimate Circuit.

Mr Tuhin Sharma has been a supporter and well-wisher of our initiatives and an avid enthusiast of our tool, Ultimate Frisbee. He launched **Project FLY** to develop young players in India both as athletes on the field and individuals off the field. There are over 65 participants from all over the country.

We partnered with Project FLY to provide curriculum and coaching for this project and conducted a series of Ultimate Frisbee camps for players from Delhi, Lucknow, Pune, Mumbai, Bangalore, Surat, Ahmedabad and Chennai selected to participate in this initiative.



This year, we also became the official coaches for Ultimate Frisbee at **Ashoka University**. As part of this assignment, we coach around 60 players three days a week and assist the university to take the teams to competitions across the country. This has given our beneficiary-turned-coaches another opportunity to further hone their leadership, team management and professional skills. The proceeds from this partnership with Ashoka University have also helped us serve many children from financially disadvantaged communities through our life-skill program.



ashoka
UNIVERSITY



Bridging the Gaps (BTG) Youth Camp is a program conceptualised and launched by Transformational Sports that challenges youth to break down barriers of gender through the sport of Ultimate, art, dance and personal development workshops. The camps have been successfully implemented in various parts of the country with a wide range of youth. We had the opportunity to co-facilitate a two-day BTG camp for the beneficiaries of our partner organisation, **Just.Play** at Aluva, Kerala, in December 2022.



transformational sports



Advocacy

Munis Thahir is an Indian American currently playing for San Fransisco Mischief, one of the top Ultimate Frisbee club teams in the mixed division of the USA. He has previously played and captained San Jose Spiders, currently Oakland Spiders in the AUDL. Munis, a UC Berkeley School of Engineering graduate, now works as a Systems Design Engineer in the healthcare industry in the US. As an active Ultimate player, he constantly seeks to give back to the community and build the sport of Ultimate Frisbee, especially the Indian community.

From December 27, 2022, to January 8 2023, he visited India to facilitate learning spaces in Kerala and Delhi. On the 30th and 31st, he facilitated coaching sessions for our program at one of the Delhi Tamil Education Association Schools. On January 1, he led a training session with GK MAD. From 2nd to 5th January, he visited the families of the children in our coaching sites in Delhi. He culminated his journey in India with **Udaan**, our mixed-gender Ultimate Frisbee tournament, on the 7th and 8th of January.

We express our gratitude to Munis for helping us in this endeavour and continuing to champion us and our work in all the spaces he is a part of.



**OUR —
PARTNERS**

ABHAS

Teach for India

RMX Foundation

Hudle

Cambridge School

**Little Umbrella
Foundation**

Off Season Ultimate

**Transformational
Sports**

Kshamtalya

**ELMS Sports
Foundation**

**Delhi Tamil Education
Association**

UnLtd India

Just.Play

AUDL

Ashoka University

**We continue to do what
we do with the support
of individuals and organisations
that empower us to do more.**

**Our partners give us a platform
to connect with beneficiaries
and continue our work.**





**OUR
TEAM**



Sruthi
Dharman



Sheetal



Manjeet



Sanya



Deepak



Benoy
Stephen



Alex



Moni



Abhishek



Vivekanand
Srivastava



Anjali

Nilay



Anita

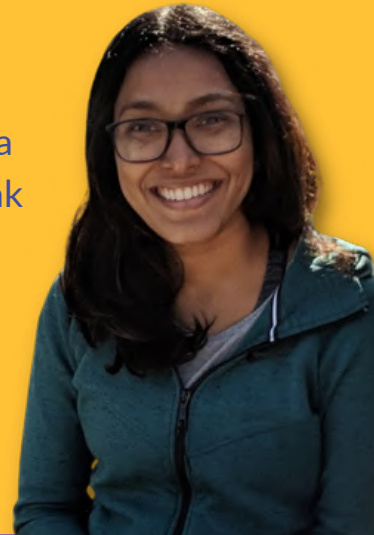


Megha





Rohit
kohli

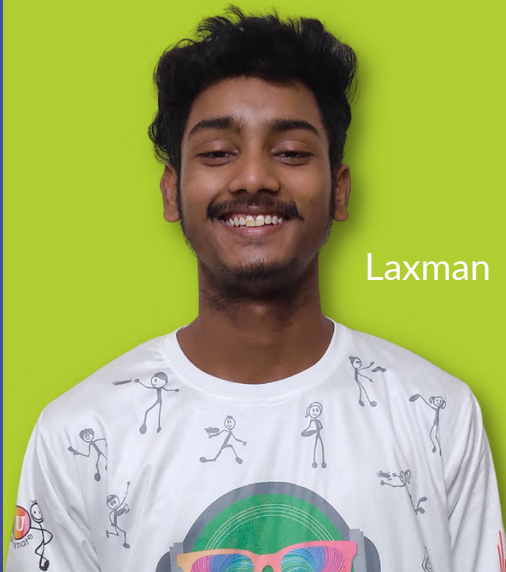


Ashita
Razzak

Mounika
Nelli



Laxman



Kalpana



Vikas



Rohit



Sapna



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FINANCIAL STATEMENT FY 22-23

Balance Sheet as at 31 March 2023

	Note	As at 31-March-2023 (In Rs.'00)	As at 31-March-2022 (In Rs.'00)
<u>FUNDS AND LIABILITIES</u>			
Fund Balances			
Reserves & Surplus	3	6,039.85	5,249.88
Provisions for Amount accumulated and set apart for future utilization		12,686.09	-
Current Liabilities			
Trade Payables	4	45.90	-
Other Current Liabilities	5	478.70	500.00
		19,250.54	5,749.88
<u>ASSETS</u>			
Non-Current Assets			
Fixed Assets			
Property, Plant & Equipment	6	345.77	518.48
Current Assets			
Cash and Cash Equivalents	7	18,626.77	5,231.39
Short-Term Loans and Advances	8	278.00	-
		19,250.54	5,749.87

Income and Expenditure Account for the year ended 31 March 2023

	Note	For the year ended 31-March-2023 (In Rs.'00)	For the year ended 31- March-2022 (In Rs.'00)
<u>INCOME</u>			
Income from Grants & Donation	9	33,954.45	6,852.48
Other Income	10	1,265.00	70.80
Total		35,219.45	6,923.28
<u>EXPENDITURE</u>			
Employee Benefits Expenses	11	1,750.00	1,800.00
Depreciation and Amortisation Expense	12	172.71	8.17
General & Administrative Expenses	13	19,820.68	5,560.41
Total		21,743.39	7,368.58
Excess of Expenditure over Income		13,476.06	(445.30)
Tax Expenses		-	-
Surplus/(Deficit) carried over to Balance Sheet		13,476.06	(445.30)



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